UNIVERSITY OF MINNESOTA

Duluth Campus

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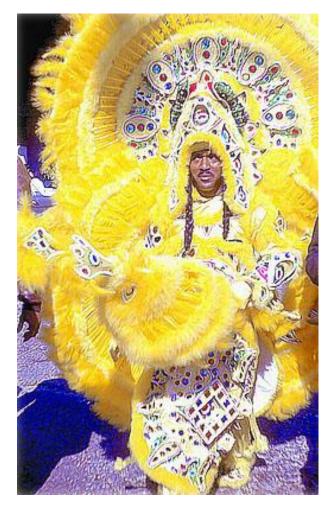
"In the United Kingdom, Ireland and parts of the Commonwealth, Shrove Tuesday is also known as Pancake Day or Pancake Tuesday, as it became a traditional custom to eat pancakes as a meal." -- <u>Wikipedia</u>



The Princess of Wales Catherine "Kate" Middleton Flipping Pancakes



[Fat Tuesday]



R.I.P. <u>Big Chief Allison "Tootie" Montana</u>



[that's carne-val from the Latin carnem levāre, "to put away meat"]

<u>The Biggest and Best Carnival</u> <u>Celebrations Around the World: From</u> <u>Caribbean islands to the streets of Europe</u>

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Charlie Hobbs and Paul Rubio, Conde Nast Traveler (02 February 20230)



Lady in White Carnival of Venice - Wikipedia Italy

And in in the run-up to Shrove Tuesday in the medieval town of Ivrea, Italy, The Battle of the Oranges takes place



We explain why we throw oranges

-- Italy 24 Press News (19 February 2023;)

In pictures: The battle of the oranges

-- <u>BBCnews</u> (20 February 2020)

and

tomorrow is Ash Wednesday

and



[in the Christian world]



A cross marked in ash on a worshipper's forehead -- <u>Ash Wednesday</u> -- <u>Wikipedia</u>

Ash Wednesday: Lenten Food Regulations begin for Roman Catholics and others



The Holy See""∠ (The Vatican)

Refresher on the rules of fast and abstinence during Lent 2023 -- The Catholic Telegraph (Cincinnati, 18 February 2023)

So Enjoy the Week!

Eat well while you can.

Tim Roufs

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